



**Intercollegiate  
Basic Surgical Skills  
17.-18. februar 2022  
Ullevål sykehus**

**A course developed and quality assured by  
The Royal College of Surgeons of England**

**Course Programme**

## Faculty List

<b>Director/Kursleder</b>	
Henrik Aamodt	Thoraxkirurg -Ahus
<b>Faculty/Instruktører</b>	
Rune Horneland	Gastrokirurg/karkirurg - Hamar
Ståle Buhagen	Plastikkirurg - Bærum
Jorunn Skattum	Gastrokirurg – Hamar/Ullevål
Odd Bjørn Salte	Gastrokirurg – Ullevål
Trygve Thorsen	Karkirurg – RH/Hamar
<b>Course coordinator</b>	
Nina Flåten	Kurskoordinator OUS-Ullevål

# Course Programme

Time	Content	Faculty
<b>0815-0830</b>	<b>Registration</b>	
0800-0830	Faculty meeting	
0830-0840	<b>Introduction</b> Statement of course objectives; assessment overview	Henrik
0840-0900	<b>Gowning and Gloving</b> Double gloving and gown/glove removal	Odd Bjørn
0900-0930	<b>Handling instruments</b> Scissors, haemostats, forceps and scalpel	Ståle
0930-1030	<b>Knots</b> One-handed reef knot and surgeon's knot	Jorunn
<b>1030-1045</b>	<b>Refreshments</b>	
1045-1145	<b>Knots (continued)</b> Instrument tie and tying at depth	Jorunn
1145-1300	<b>Suturing Techniques</b> Needles and incisions Interrupted sutures, mattress sutures, subcuticular sutures	Rune
<b>1300-1340</b>	<b>Lunch</b>	
1340-1430	<b>Skin Lesions and Local Anaesthetic Techniques</b> Techniques for tissue dissection Application of local anaesthetic Excising a skin lesion and sebaceous cyst	Odd Bjørn
1430-1510	<b>Ligation/Transfixion</b> Pedicule transfixion, continuity tie, pedicle tie	Ståle
1510-1610	<b>Tissue-Handling 1</b> Bowel: End-to-end interrupted (hand tied knots, no assistance)	Jorunn
<b>1610-1625</b>	<b>Refreshments</b>	
1625-1715	<b>Tissue Handling 2</b> Debriding a traumatic wound	Ståle
1715-1725	<b>Tissue Handling 3</b> Abscess/seroma/hematoma drainage (no assistance)	Rune
<b>1725-1745</b>	<b>Tilbakemeldinger/evaluering/avslutning</b>	Alle

*\*During the last 20 minutes assessment and feedback sheets should be completed with individual participants*

<b>Day Two</b>			
<b>Time</b>	<b>Content</b>	<b>Faculty</b>	<b>Room</b>
0830- 0900	<b>Reprise of knot tying</b> Common faults	Trygve	
0900-1030	<b>Tissue Handling 4</b> Abdominal closure (assisted) Aberdeen knot Drain insertion Continuous sutures The art of assisting	Rune	
<b>1030-1045</b>	<b>Refreshments</b>		
1045-1245	<b>Tissue Handling 5</b> Vascular surgery principles Vein patch exercise (assisted)	Trygve	
<b>1245-1330</b>	<b>Lunch</b>		
1330-1415	<b>Tissue Handling 6</b> Tendon repair (assisted)	Odd Bjørn	
1415-1445	<b>Skin Suture OSAT</b>		
<b>1445-1500</b>	<b>Refreshments</b> <i>Ensure you have completed the entire assessment and feedback form including a development plan</i>		
1500-1515	<b>Introduction to Generic Endoscopic Surgery</b> Principles of camera technique Depth cueing Fulcrum effect	Jorunn	
1515-1715	<b>Box Trainers</b> Exercises: <input type="checkbox"/> stacking sugar cubes <input type="checkbox"/> cutting a glove <input type="checkbox"/> putting Polos on a string <input type="checkbox"/> tying knots on a skin pad / pig stomach		
1715-1730	<b>Discussion and feedback</b>	Alle	
<b>1730</b>	<b>Finish</b>		

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